



Julie de Azevedo Hanks
Talks about 'doing it all' without the burnout
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Gateway grabs local landmark
Cottonwood Heights family donates 50 foot pine tree to mall for Christmas
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Cottonwood Holladay

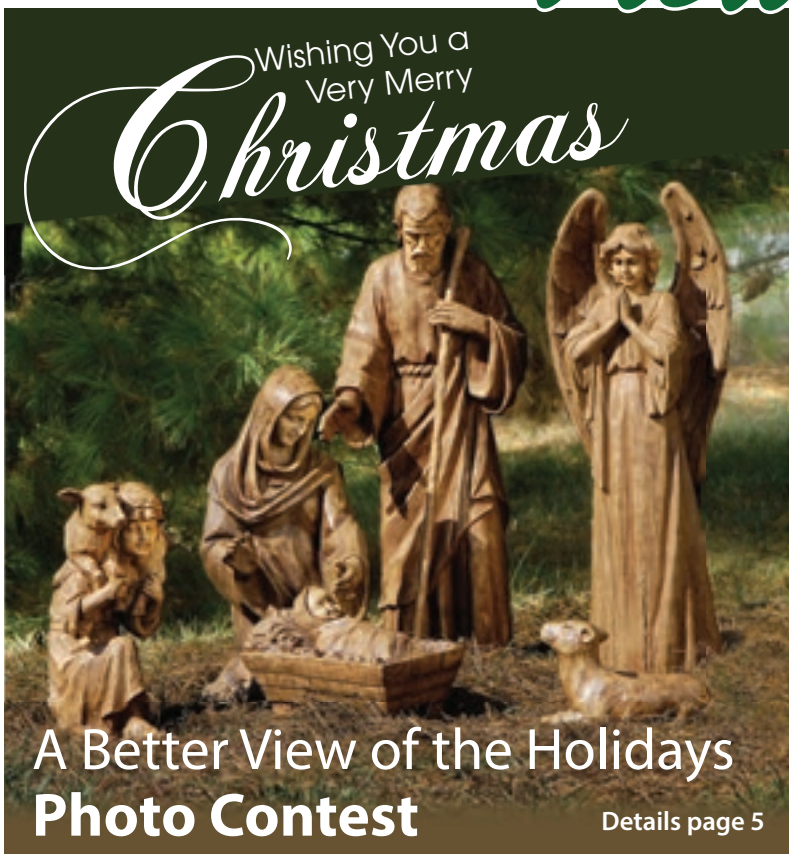
EDITION

December 2013

Season I, Episode 4

Wishing You a Very Merry

Christmas



A Better View of the Holidays Photo Contest
Details page 5

Local mother remembers son through Festival of Trees

By Rebecca Brown Wright

► Above each door at Salt Lake City's Primary Children's Hospital is a sign that reads, "The Child First and Always."

This is a motto that Karen Hansen, a volunteer in public relations for the 44th annual Festival of Trees event, said the hospital truly abides by; and why she has participated in the Festival of Trees for 15 years.

Every penny raised during the Festival of Trees is given to Primary Children's Hospital to fund its charity care program, which covers families who can't pay for the treatments they receive. "One way or another, this hospital will touch your life, whether it's your own

family member or a close personal friend," Hansen said.

One Cottonwood Heights resident who has been touched by the hospital started a tradition this year of donating a decorated tree. Elyn Hanson lost her 16-year-old son, Morgan McGuffee, last January, and is donating the tree in his memory.

"Since he was 5 years old, he had mobility problems," Hanson said. "We spent many, many hours at Primary Children's, trying to figure out what the problems were. He had developmental delays, and then mental challenges that

Read more: **Morgan McGuffee, page 6**

Holladay senator backing tax credit axing

Proposal provides more money for schools by eliminating child tax credit

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How did residents react to our article about businesses protesting the CHPD?

Read Letters to the Editor, page 4

It's no joke ...

We have our very own original comic by Steven Heumann

Check it out, page 10

The modern way to age: Cottonwood Heights Rec Center keeps seniors healthy

By Jaime Theler

► We all know that being healthy and active improves your quality of life, no matter what your age.

Today's seniors are more active than ever and don't have to look far for resources to help them stay healthy and have fun. But did you know many of those resources are free?

The Cottonwood Heights Recreation Center has several programs customized to fit the lifestyles and abilities of active seniors. "Cottonwood Heights is one of the oldest cities in the state," said Pattie Hansen, CHRC program manager. "Looking at the demographics, we realize that seniors are very important to us. We have some great

Read more: **Active Seniors, page 11**



AROUND the TOWN
Blue Bird Style & Design
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TONYA PETERSON | The Wasatch View

The View On-The-Go



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Local Christmas tree lights up Gateway Mall

► Cheryl Smith used to give directions to her house in Cottonwood Heights by describing the giant pine tree her family affectionately called "Big Piney."

Now she'll need to figure out a new way to direct people home because Big Piney has taken up residence at The Gateway Mall, 18 North Rio Grande Street, as the mall's lighted Christmas tree this year.

Smith decided to offer her tree to the mall because, at more than 50 feet tall, she'd become worried it would fall over. She was surprised to find the process wasn't as sim-

ple as her offering and them accepting.

"You have to compete," she said. "You call and they come and look at it, and then they want to know what your story is." The competition started with eight people but in the end, Smith was excited to find out she was chosen. She plans to donate the money she would have spent hiring someone to cut down the tree to the Autism Council of Utah.

When Big Piney was cut down, Nov. 12, Smith decided to make an event of it. She invited the neighbors over, set up lawn chairs and served hot cocoa and donuts.

Read more:

Gateway Tree, page 6



TONYA PETERSON | *The Wasatch View*

► This tree grew to 50 feet in Cottonwood Heights before finding its final home at the Gateway Mall.



Things are heating up: Holladay fire station almost finished

Have you driven by the new **Holladay fire station** across the street from Olympus Junior High? It's nearing completion and the public will get its first view of the inside during an open house on Saturday, Dec. 7. Firefighters will throw open the bright red doors and residents will get the chance to tour the building, meet the firefighters and watch demonstrations. It's a family-friendly, event with something for everyone. The open house will be held at 2210 East Murray Holladay Road, from noon to 4 p.m.



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Holladay senator backing tax credit axing

Proposal provides more money for schools by eliminating child tax credit

By Brenda Fisher and
Crystal Liechty

► Raising kids ain't cheap. And it's about to get even more expensive.



PHOTO COURTESY OF PIXABAY

More than \$400 million in additional annual revenue may be coming to Utah's public schools in a few years, if a **new bill eliminating the child tax credit** passes the legislature.

Holladay Senator Patricia Jones (D) was looking for a way to provide more funding to schools – without raising everyone's taxes. Her solution is a new bill for the upcoming legislative session that will eliminate the personal exemption (also known as the child tax credit) for all of Utah.

The exemption is offered per child on the state and federal level. This bill will get rid of the state credit but Utahns would still be eligible for the federal one.

If Jones' bill passes, it would mean an additional \$400 million in tax revenue for schools across the state. Jones, who is still working on the final wording of the bill, will present it to the legislature when it convenes in January. She already presented it to the Education Interim Committee in October.

But what about children who are home-schooled or enrolled in private schools? They'll be paying more for services they don't use. And what about large families, or

families that are barely making ends meet?

Currently, the language of the bill doesn't provide any exceptions.

"This bill isn't meant to punish anyone. I see it more as an investment in our children," Jones said. "Everyone helps and no one gets an exemption. This money will be an investment in our neighborhood schools."

While Jones said she's heard a lot of support for her bill, Utah Taxpayers Association Vice President Royce Van Tassell thinks that a \$400 million tax increase will be very unpopular with most people, since many claim this exemption on their taxes.

"Sen. Jones brings up an important point – we always need to be evaluating credits and exemptions as part of the state income tax," Van Tassell said. "But we're very concerned about a tax hike this large. This bill wouldn't generate such a huge amount of money if it wasn't impacting most of the population of Utah."

“This bill isn't meant to punish anyone. I see it more as an investment in our children.”

— Senator Pat Jones

According to the bill, 10 percent of the generated revenue will be distributed to every public and charter school across the state. The remainder of the money will be distributed based on student population. It's estimated that the change will give every elementary school about \$400,000 in additional revenue each year. Junior highs will receive about \$700,000 annually and high schools will get close to \$1 million more.

Read more:

Child tax credit bill, page 7

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letters to the editor

Have an opinion on one of our articles? Or about what's happening in your community? Want to talk about the world in general? We'd love to hear from you. Email **feedback@wasatchjournals.com** with the subject line "Letter to the Editor" and you may end up in our next issue.

Letter 1:

► I am writing to voice my support for the Cottonwood Heights Police Department.

This past summer my daughter's car was stolen along with some of her personal belongings, including her wallet and a camera that had several hundred pictures of her new baby. She was obviously distraught at the loss of the camera and her car. The Cottonwood Heights Police treated her and her husband with compassion and took a real interest in getting the car and camera back. My daughter was able to track the movement of the thieves by credit card transactions and the CHPD was able to go to various establishments and obtain surveillance photos of the criminals. She called the investigating officer several times with information throughout the day and each time, they called her back promptly and courteously. Far different from the treat-

ment she received from Unified PD, the UTA Police, Salt Lake City and West Valley, all of whom refused to send a car to any location where her card had been attempted to be used. West Valley went so far as to tell her that they wouldn't even take a report until she personally appeared in their office with proof she didn't make the fraudulent charges. Not sure how you prove that.

In each of those cases the CHPD investigator chased down leads and kept my daughter informed.

The following day, my son-in-law got an alert on his phone that his laptop computer had been turned on. We went to the location in Midvale and saw a couple with what looked like his computer. My son-in-law again called the investigating officer. They dispatched the Unified PD and some CHPD officers also responded. The CHPD officers arrived at the same time as the Unified PD that is assigned to cover Midvale. Within a

couple of hours of that arrest, the CHPD had recovered my daughter's car, laptop, and the camera. Though the pictures had been deleted, they found a firm that was able to restore all 700 pictures.

In less than 36 hours following the theft of the car, the CHPD had found nearly everything that had been lost and made a half dozen arrests, many of them felons on parole for other crimes. We were very impressed and pleasantly surprised at the prompt, caring service and the willingness of the CHPD to go the extra mile to solve my daughter's case.

Were they aggressive in solving her case? I hope so. Were they rude - quite the opposite. They were extremely compassionate with my distraught daughter. The treatment she received from other agencies was basically this crime was no big deal and we have more important things to do. The CHPD made every effort to solve the case and recover her property.

— Brian Allen

Letter 2:

► I go to Canyon Inn at least once a month, and I've seen a police car outside every single time I have been there.

They are either in the parking lot, parked on the street, or constantly circling the businesses right there. I have been pulled over and followed as soon as I leave the bar at least four times in the past year. They are probably just looking for drunk drivers or a bust with substances, but I'm not doing

anything illegal and refuse to do anything illegal, so I have just been let go and given verbal warnings for B.S. stops. They always have used terrible excuses for falsely pulling me over, for example: not stopping long enough at a stop sign, going through a yellow light, going 5 miles over the speed limit, even though I wasn't, etc.

On October 23, 2013, was the most recent time and the worst of them all. Two of my friends, my boyfriend, and I went out for drinks at the Canyon Inn. My boyfriend, Zack, was the designated driver. It was about 1:45 a.m. when we left. Right after we pulled out, we noticed we were immediately followed by the CHPD. It was no surprise because this has happened to us plenty of times before. CHPD followed us for 1.9 miles and then pulled us over on 2300 East Fort Union Blvd, just right down the street from the Canyon Inn. The officer immediately and very rudely asked where we were coming from, for everyone's ID's, registration, insurance card, and said he would be right back.

When the officer came back, he rudely stated he smelt alcohol, gave us back our ID's and papers, he was still being very rude to us even though we had done nothing wrong, and made Zack get out of the car for

Read more:

Letter to the Editor, page 8

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Share Your Holiday View Photo Contest

What do the holidays look like to you?

The Wasatch View is searching for the best local Christmas photo. Pull out those classic pictures from Christmases past or go out and shoot something new. The winner will be announced in February and the winning photo will be featured on the front page of our 2014 December episode of The Wasatch View. Email entries to photo@wasatch-journals.com. All entries must be received by midnight on Wednesday, Jan. 15.

RULES: No more than three entries per person. Must be taken by a Cottonwood Heights or Holladay resident. Must be an original photo and cannot be images of copyrighted material. Images should be high-resolution (300 dpi).



Be Wild Aware during the winter migration

By Stephanie Jochum-Natt

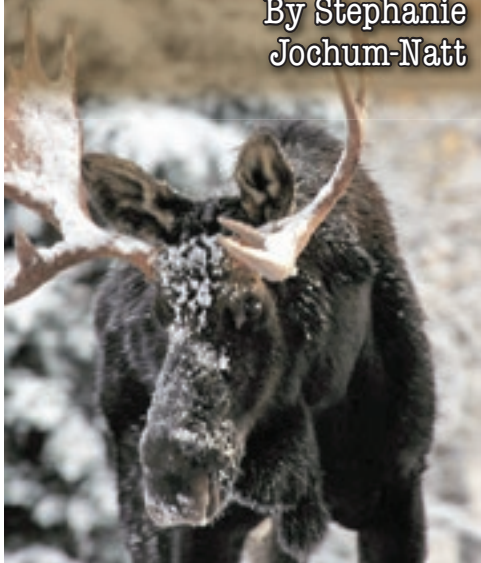


Photo courtesy of UDWR

The winter wildlife migration is currently underway. Elk, moose and mule deer have begun to travel down from their high mountain habitats to winter feeding grounds in the valleys. If you enjoy hiking in the foothills you may be lucky enough to hear a bull elk bugling or see a large herd of mule deer on the move. Because most valleys are occupied by businesses, homes and roadways, members of the deer family must mingle through human developments to find food and shelter. Now is the time to be extra careful when driving and to heed "wildlife crossing" warning signs.

Read more:
Wild Aware, page 17

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Morgan McGuffee

continued from front page

came." Doctors never could determine what caused his challenges.

But even through the frustrations, McGuffee remained positive, his mother said. "He made up for those challenges in other ways," she said. "He had a deep love for everyone he knew. He had a huge smile and a positive attitude. He never let anything bother him."

Hanson said McGuffee would often approach other children who had physical challenges and try to bring comfort to them, even if he didn't know them. "He knew what it was like to deal with challenges of his own," she said. "He had a tender heart for anyone less advantaged than he was."

McGuffee loved to camp with his dad, Larry McGuffee, and so Hanson felt he would want the theme of the tree she is donating to be outdoorsy. Hanson feels McGuffee's presence with her, and thinks donating a tree to be auctioned in his honor is a perfect way to remember him, especially because he loved Christmas.

"It's also our way of giving back to Prima-

“One way or another, this hospital will touch your life, whether it's your own family member or a close personal friend.” — Karen Hansen

ry Children's Hospital for all the hours they spent with him," she said.

Last year, Primary Children's Hospital donated more than \$12 million in charity care, and the Festival of Trees raised \$1.8 million of that. The Festival of Trees runs Dec. 4 through Dec. 7, at the South Towne Expo Center, 9575 South State Street.



Morgan McGuffee passed away last January, at the age of 16. Ellyn Hanson, his mother, donated a tree to Festival of Trees in his honor.

Gateway Tree

continued from page 2



TONYA PETERSON | The Wasatch View

Smith poses in front of Big Piney with her children and grandchildren one last time.

"The tree was a big part of the community," she said.

Smith's family has lived in their Cottonwood Heights home for 25 years and all eight of her children have grown up in that house. "It's so weird to walk outside and have [the tree] gone," she said. "The kids are all sad. I made a homemade movie of it being cut down, and my daughter watched it and got all teary-eyed."

Smith said that every time there was an occasion to take a picture — proms, graduations, etc. — Big Piney was in the background. The family pets were even buried under the tree.

Big Piney also played a role in the family's Christmas traditions. Twenty-five years ago, Smith began a tradition of hiding a pickle in their Christmas tree with the promise that whoever found it Christmas morning would get a special present. But with eight competitive children, the Christmas tree always got demolished. "Then we started having Santa hide it on Big Piney," Smith said. The tradition continued, even after most of the children were grown.

"The 15 grandkids, eight kids and spouses line up on the sidewalk, and we tell them to go," Smith said, adding that the competitiveness hasn't diminished over time.

The family gathered around Big Piney at the Gateway Mall, Nov. 23, during the annual "Light up the Night" event and took one last family picture to use as Smith's Christmas card.

And it turns out competitive family traditions die hard. When the family went to the event, somebody put a pickle in the tree.

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the AROUND TOWN

Blue Bird Style & Design

By Crystal Liechty



TONYA PETERSON | *The Wasatch View*

Brittany Senton, owner of **Blue Bird Style & Design**, adjusts a display of sweet treats. All the candy is created in the store.

► In some ways, holiday shopping has never been easier.

With Target Super-Center's and Macy's endless aisles, along with the online behemoths like eBay and Amazon, you can search for gifts while grocery shopping or browse online for presents while waiting at the doctor's office.

Even though that kind of convenience is hard to beat, the idea that your gift is one of a million, rather than one in a million can take the shine off just a bit. And heaven forbid your loved one stops by Walmart for bread and spots the gift you gave them on the clearance aisle.

But how do you get around it? How do you shop on a budget while making the person you're shopping for feel like you

pulled their gift from the raw fibers of the universe and created it just for them?

It's no easy task, so I'll let you in on one of my shopping secret weapons: Blue Bird Style and Design. Tucked away on the corner of 4500 South and Highland Drive in Holladay, Blue Bird looks more like a fairy tale cottage than a store. Step through the door and you'll find a cozy shop with eclectic displays that include delicate glass ornaments and seasonal decorations, trendy shirts and stylish jewelry, baby gifts and quote tiles, or sweet treats with fun themes like the Berry Christmas jam jars or the Frosty Cream Soda four-pack.

"Instead of picking a couple items that we carry over and over, we pick a few things

Read more:

Blue Bird Style & Design, page 11

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Child tax credit bill

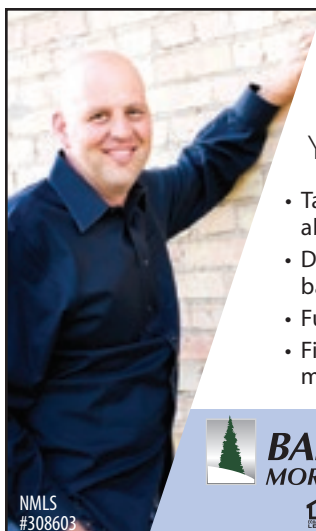
continued from page 3

The money will be distributed to school community councils (made up of parents and school staff), which have the task of developing a school improvement plan. Once the plan is complete, the local school board will review it and, if approved, the council would allocate the funds to the school.

While the bill will most likely go through some changes before it's presented in January, if it passes, the exemption would be eliminated, starting in 2015.

"We don't just have needs in Title 1 schools, every school has unique needs," Jones said. "This money will go to help neighborhood schools. It's more fair to everyone."

What do you think of Sen. Jones' proposal? A great way to find extra funding for schools? Or a bad idea in this faltering economy? Email feedback@wasatchjournals.com and your comments may end up in our next issue.




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with Jonathan's Jewelry

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Jonathan's Jewelry website



For more than 37 years, John Glauser has been helping people find and create unique, high-quality jewelry at his store, Jonathan's Jewelry.

Since 1988, Jonathan has been in Cottonwood Heights at 6900 South Highland Drive, just north of the Whole Foods store. This convenient location allows Jonathan's customers easy access to customized jewelry.

"We specialize in custom design wedding rings and anything else," Glauser said. "We always maintain a high standard of quality and want to make sure our customers are satisfied."

Besides customized wedding ring sets, Glauser's talented staff can adapt any type of jewelry to fit the wearer. From diamonds and colored stones to your choice of gold or silver, the options are limitless.

Unlike other jewelry stores, all design work and jewelry creations are done in-house, at Jonathan's. Glauser said they do

it that way to make sure the job is done correctly. In addition to new jewelry, Jonathan's can handle all kinds of repairs, including restringing pearls and beads, resizing rings and redesigning existing jewelry.

"We offer a free cleaning and inspection service to our customers to make sure their jewelry is always beautiful," Glauser said.

With the holidays just around the corner, many jewelry stores offer big discounts to lure customers in. But raising prices just to slash them during a sale is something Glauser doesn't do.

"We don't play the games," he said. "Our prices are always special, giving the customer the best quality for their money."

Cottonwood Heights isn't just the location of his store – it's the city Glauser lives and volunteers in. As a member of the Cottonwood Heights Historic Committee and the Community Emergency Response Team, Glauser believes giving back to the community that supports him is the right thing to do.

If jewelry is on your mind, then stop by and speak to Mary or Ernesto, Jonathan's master jewelers. These two have been with Jonathan's for more than 20 years and are dedicated to providing Jonathan's customers



John Glauser owns Cottonwood Heights' only jewelry store, **Jonathan's Jewelry**.

with the best quality jewelry they can find.

Jonathan's Jewelry is open Monday through Friday, from 10 a.m. to 6 p.m., and from 10 a.m. to 4 p.m. on Saturday. For more information about how the jewelry buying experience is different at Jonathan's, call 801-943-0303 or visit www.jonathansjewelry.com.

Letter to the Editor

continued from page 4

a sobriety test. Zack had not had anything to drink that whole day so he was completely 100 percent sober. Then the officer told Zack he was giving him a ticket for failure to illuminate the rear license plate/registration. Zack and the officer walked back to the rear license plate because Zack wanted to see if it was working (we were in Zack's car, which is a 2004 Acura TL and has lights around the rear license plate).

The lights were on and working perfectly fine so Zack started to disagree with the officer about the ticket.

CHPD didn't find anything wrong and they falsely gave us a ticket just so they could probably meet their quota. I am very upset about how I have been treated by the CHPD and I was very glad to see the protesters. I feel how they stalk the Canyon Inn's customers is 100 percent harassment.

— DarShelle Smuin

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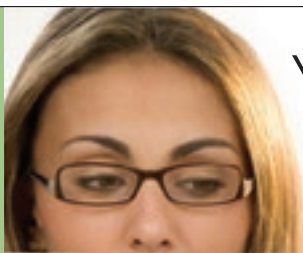
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my VIEW

with Julie de Azevedo Hanks

My favorite thing about the Cottonwood Heights/Holladay area is ...

the restaurants. Lonestar Taqueria, Greek City Grill, and Trio are some of my favorite places to eat.

No one knows I ...

am a total technology geek.

When I was a kid, I ...

was obsessed with things with motors - boats, cars, go carts, and dune buggies.

My favorite thing about Christmas is ...

reliving the years of beautiful memories associated with Christmas music.

My least favorite thing about Christmas is ...

stores start putting up Christmas decor before Halloween.

The last thing that made me cry was ...

watching the final scene in the movie Warrior.

I instantly like people who ...

are authentic and warm.

I always laugh when ...

I get together with my siblings. They are definitely the most witty people I know.

The thing that inspires me most is ...

seeing my therapy clients rise above trauma or loss of their past and create the lives they want.

My favorite book is ...

"The God Who Weeps" by Terry and Fiona Givens

Julie de Azevedo Hanks talks about 'doing it all' without the burnout

By Jaime Theler

► **Therapist, Media Contributor, Freelance Writer and Author, Performing Songwriter, Women's Self-Care Evangelist, Wife, Mother.**

If reading through that list of titles made you feel tired or overwhelmed (like me), then let me introduce you to someone.

Julie de Azevedo Hanks is the author of "The Burnout Cure: An Emotional Survival Guide for Overwhelmed Women," and that long list of titles belongs to her. She admitted that reading her list of titles makes her tired, too - but in a good way.

It's clear that she understands the juggling act women face these days. But how does she juggle so many different interests while maintaining a family?

"I've realized recently that it's all about creativity and making a unique and positive contribution," she said. On a practical level, she's also learned a lot in the past 25 years about balancing things and asking for help and support from her family.

Hanks explained that her own experience had a huge impact on the topic of her book. "I've spent close to two decades working with hundreds of women, particularly women [who belong to the Church of Jesus Christ of Latter-day Saints], who expressed feelings of 'never being good enough' and 'never doing enough,'" she said.

Sound familiar?

"Over the years I began to see themes emerge in myself and in my therapy cli-

ents," she said. She put together a workshop called "Preventing Emotional Burnout" that she presented for 10 years before compiling it into book form.

Two tips she gives for women—and men—who may feel overwhelmed are: first, tune in to your emotions and honor your emotional experiences. "The truth is, all humans experience a broad range of emotion, and shutting down or numbing our emotions isn't healthy. And it leads to feeling lost and burned out."

The second tip is to treat ourselves as well as we treat others. "The constant self-criticism and negative self-talk that women, in particular, have learned is so destructive," she said. "Being aware of what you say to yourself and consciously countering the negative with positive and inspiring

Read more:

Julie de Azevedo, page 11



Photo courtesy of Julie de Azevedo

Local author **Julie de Azevedo** helps women find more positive ways to deal with stress.

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Cottonwood Heights privatizes public works services

By **Brenda Fisher**

Cottonwood Heights is making changes to the way it handles some issues around the city. But it's unlikely most residents will see any change. In November, Cottonwood Heights began working with Terracare Associates, a private public works management company based in Colorado.

During a press conference, Nov. 5, Cottonwood Heights Mayor Kelvyn Cullimore Jr. introduced the new partnership between the city and Terracare and outlined some of the reasons why the city switched from Salt Lake County to a private company.

"We have been serviced primarily by Salt Lake County for many years and we had no complaints over its level of service," he said. "Unfortunately, they had a fairly inflexible organization and the way they were compelled to do business ended up costing us

▲ Cottonwood Heights Mayor Kelvyn Cullimore Jr. poses with Terracare Associates President Dean Murphy, members of the Cottonwood Heights City Council and Terracare employees in front of a **new snowplow**.

a little more money than we wanted to pay. It also made it more difficult for us to provide the level of service – and manage the process – as well as we would have liked. It caused us to start looking at other options."

In November, Terracare began working closely with Cottonwood Heights Public Works Director Mike Allen to determine the needs of the city and how Terracare could provide the best service, according to Terracare Associates President Dean Murphy.

For now, Terracare will be providing mostly snowplow services. That will include pretreating roads before major storms. The city plans to meet with Terracare's project manager regularly, to make sure everything

Read more:

Public Works change, page 14

Who Draws for You?

Get to know the cartoonist for *The View's* exclusive "Green Jello Salad" comic

Steven Heumann



Steven Heumann has spent his entire broadcast career working as the senior producer for ABC's outdoor adventure show, "At Your Leisure." As a field producer and travel reporter for AYL, Heumann has jumped out of perfectly good airplanes and dangled off cliffs over some of the most striking landscapes imaginable. Each week he travels to a new area to report on OHV trails, lakes, destinations, or fun diversions. Steve also steps into the role of host for AYL, alongside his fellow hosts, Chad, Ria and Alisha. His first love has always been writing and cartooning, however – skills he has often put in the backseat in favor of other endeavors. Now he's glad to be able to share his quirky view of the world with others through his art.

GREEN JELLO SALAD By: STEVEN HEUMANN

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Active Seniors

continued from front page

programs for [them]."

A year ago, the center joined the SilverSneakers Fitness Program, a health, exercise and wellness program designed for older adults who want to live healthy, active lifestyles. The program is offered by various insurance companies, who pay all the admissions and class costs.

Hansen said the SilverSneakers program has been very successful at CHRC, with about 400 participants. "There's nothing like the look on a senior's face when they realize they qualify and everything is free," she said. With many insurance companies participating, simply go to www.silversneakers.com or ask at the front desk to see if you qualify.

Even if you don't qualify for the SilverSneakers program, senior members (age 62 or older) receive a discount on membership and program rates. "We have a lot of seniors that participate [in our programs]," Hansen said. "We just started gearing our programs to seniors and the classes are full."

Some of the favorites are the senior fitness and water aerobics classes. Classes are offered seven days a week. The facility also has a cardio and weight room, open from 5 a.m. to 10 p.m., that many seniors like to use. There is no pre-registration required. "Just show up," Hansen said.

Class schedules are on the CHRC website.

In addition to improved health and greater independence, these programs are a great way to get to know people and build friendships. "It's a wonderful social environment," Hansen said. "[The seniors] love to get together, and we have some wonderful instructors."

So get out, get healthy, and maybe get it for free!

Blue Bird Style & Design

continued from page 7

from specialty lines and designers, so it's always different," said owner Brittany Senton. "We go for what is most affordable but really beautiful; things that look expensive – so if you want to give a nice gift but don't want to spend a fortune, you can."

Another unique feature at Blue Bird is their floral arrangements. The store originally began as a florist shop over 20 years ago. They do specialty designs and color matching, along with the usual arrangements for milestone events like weddings and anniversaries.

"We've had people bring in a picture of a room and say, 'can you make a flower arrangement to go on this table?'" Senton said. "Or 'can you make something to go with this pillow?' We can do anything you want."

If that wasn't enough to get you in the door, get this – Blue Bird does free gift wrapping. Let me say that again in all caps: FREE GIFT WRAPPING. Considering I have, on more than one occasion, delivered a present in a paper bag, I think this is a godsend.

One warning: if you have small children who can't keep their hands to themselves (but I repeat myself), leave them home for this shopping excursion. With all the shiny, pretty products, delicate doodads and colorful candies, there's too much to tempt tiny fingers.

Blue Bird is having a special Holiday sale, Dec. 13 and 14. You can get 20 percent off your entire purchase (excluding food items). So stop in if you happen to be around the town.

Julie de Azevedo

continued from page 9

self-talk can be really helpful."

Several years ago, Hanks felt drawn to take her message to broader audiences, and has had opportunities to share her thoughts on the national stage. "My goal is to use the media to spread light and love in ways that uplift and inspire others. It's such an exciting time to be alive and I want to make the most of it while I'm here," she said.

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Canyons marching band earns state honors



The sound of drum beats and coordinated marching fills the air around Alta High School. Earlier this year, Canyons District officials made the decision to start a district-wide **marching band** after they realized that none of the schools in the district had one. Alta music teachers stepped forward and the band found a home at the school. Students from all over the district are invited to participate. Already the band is making a name for itself, winning best percussion, best music, and taking second place overall at the state championship in St. George, on Nov. 1.

education

Cottonwood Heights teens improve city through service

By Brenda Fisher



Members of the Cottonwood Heights **youth council** have dinner with Mayor Kelvin Cullimore, Jr.

► There are teenagers running around Cottonwood Heights, doing good and helping people. No, it's not an elite group of young super heroes – it's the Cottonwood Heights Youth Council.

Cottonwood Heights City Councilmember Scott Bracken oversees the program, which began shortly after the city incorporated. He said the council not only provides countless hours of service to the community, but also strives to learn more about its local government.

"There isn't a lot of emphasis on how municipal government runs in our schools and since that usually impacts people the most, we thought this was important to start in our city," Bracken said. "We had several high school students approach us after the city incorporated, expressing a desire to organize a council. It was a great idea that we continue to do every year."

The youth council is open to high school age youth who go to school or live within the city boundaries. This year, the council has students from Skyline, Hillcrest, West, and Brighton High Schools.

Brighton junior Grace Dallimore is in her second year with the youth council. She said her positive experience last year prompted her to volunteer again this year.

"I wanted a way to get more involved with the community and thought this would be an excellent way to do that," she said. "It gives younger people the chance to get more involved in their community and to see how the city runs. It's been a great experience."

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District prepares for social aspects of school reconfiguration

By Stacy G. Anderson

Out of all of the issues Canyons District faced prior to implementing its plan for grade reconfiguration, the socialization and psychological aspects were the ones that had parents most on edge. And it's one the district has worked hard to prepare for.

Canyons director of school performance for elementary and middle schools, Michael Sirois, studied the pros and cons of reconfiguration for more than 12 years – especially the impact it has on students.

“At a middle school level, it was so apparent that the ninth graders were struggling as they tried to walk the line between two different ‘worlds’ if they wanted to be involved with high school sports or clubs,” he said. “They wanted to be part of a more grown-up world but were, in many respects, being held back and losing out as they wasted time checking out and commuting to the high schools.”

Likewise, it was just as apparent that those moving up to middle school needed to be better prepared for a more “adult – like” educational environment.

Parents, however, worried about the differences in development between sixth and seventh grade or ninth and tenth – physically, socially, mentally and emotionally – and the psychological impact that would have on their children.

“We prepared, brainstormed and sought feedback as we tried our best to tackle every concern,” Sirois said. “It was a few years of sleepless nights for many of us because, although the students were our first priority, we recognized that these same kids



Photo courtesy of Pixabay

▲ Canyons School District officials are hoping to keep students focused on school as they adjust to the social aspects of the **grade reconfiguration**.

were their parents’ first priority, too, and we had to find a way for all of us to be on the same page. If there was a positive attitude at home, we knew on the whole, the kids would adjust just fine.”

The key was preparation in a pyramid format, starting from the top.

“We as board members and key directors worked hard with our administrators and faculties to prepare them for helping these younger students and older ones to work together while ensuring a safe ‘step-up’ environment as they tested their wings,” Sirois said.

As part of that, local school officials have put together a list of 10 ways parents can help their students cope with the grade reconfiguration.

► Visit TheWasatchView.com for 10 helpful hints to help your student cope with the reconfiguration.

Suicide prevention workshop gives parents tools to help teens

By Stacy G. Anderson

► Utah ranks fifth in the nation for youth suicide and in 2010 alone, close to 12 full school buses worth of students attempted to kill themselves.

The following year saw close to 500 self-inflicted deaths. To address this disturbing trend, Canyons School District sponsored a Suicide Prevention Parents workshop in late October.

“We’re on the edge here in Utah of a real crisis,” said Lori Jones, Comprehensive Counseling and Guidance Coordinator for Canyons District. “The only way we can avoid a continued rise in numbers is to educate and let people know where to turn for help.”

Much of the information presented at the workshop showed that, with education, resources, and proper interventions, as much as 30 percent of youth suicides could be prevented.

One of the things emphasized the most was the de-stigmatizing of mental disorders.

“We want people to truly understand that there are medical conditions,” Jones said. “They are becoming so prevalent, in fact, that currently one in four adults suffer from a diagnosable mental disorder in any given year and 20 percent of adolescents will suffer from one between the ages of 12 to 19.”

It was also highly emphasized that mental disorders, like many other illnesses, fall along a continuum of sever-

ity from “less and situational” (like depression after a death or other loss); to “severe and persistent” (like psychosis and bi-polar disorder) and cannot be overcome by will power alone. They also are not related to a person’s character, some kind of sin or a lack of intelligence.

Larry Hansen, the funeral director and general manager of Serenity Funeral Homes, agreed. He’s seen an increase over the past few years of suicides, whether accidental or intentional, in those aged 21 to 50.

“Despite the best efforts of some, the unthinkable may still happen and those left behind are left to pick up the pieces,” he said.

There is one similarity, however, in every case he handles. “[Families] always have the same questions: ‘Why? What could I have done? Could I have been stronger or more aware?’ And there is always the guilt – they feel guilty for having felt that they missed something that could’ve made a difference,” he said.

Most of all, if a loved one’s life should end in this tragic way, Hansen has some advice.

“Don’t judge,” he said. “We do not know what they were dealing with mentally, biologically, physically, emotionally or spiritually. It is not our position to judge. Like any other situation when a life comes to a close, celebrate them, their talents and good qualities and the blessing they were in your life while they were here on this earth.”

For more information on suicide prevention, visit thewasatchview.com.

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sports

Brighton High girls soccer scores state title

► When the season began, it was a real toss up as to who would ultimately be crowned queens of the soccer field—Alta or Brighton.

When it came down to the wire, the Lady Hawks lost their flight momentum, getting knocked out in the second round and leaving the field wide open for Brighton's team to kick up their heels and clinch the state title against Viewmont.

Brighton had a season record of 14 wins, two losses and one tie. One loss was their very first match against Mountain Maple and the second was to Alta in mid-September. Their only tie was during their final regular season game after a double over-

By Stacy G. Anderson



Brighton won the state title in girls soccer after beating Viewmont, 1-0.

time – also to Alta.

"[Alta] was definitely a little intimidating because they are such a tough opponent," said Kami Djahanbani, a senior team captain and outside midfielder wing. "But that is when we had to play even harder and break down our individual attitudes for the sake of the team."

That was something Coach Mark Stoker knew, too.

He instigated Saturday morning condi-

tioning sessions and "team building" practices, where the girls became more proficient at bowling instead of defensive and offensive plays.

"It worked," Djahanbani said. "We did play better as individuality disappeared and we gained a team mentality."

Stoker agreed. "There is no better way to end the culmination of three months and approximately 200 hours spent sweating, crying and laughing together than with a State Championship," he said.

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Public Works change

continued from page 10

is being well taken care of.

Cullimore said the decision to change to a private company, rather than utilize the services of Salt Lake County, wasn't based necessarily on saving money, but providing better service to residents. The split with Salt Lake County was amicable and county leaders were supportive of the change.

Terracare is a landscape and public infrastructure management company that services cities in Colorado and California. Currently, Cottonwood Heights is the only city in Utah to use a private company to manage public works, but Cullimore said he doesn't think that will be the case for long.

"We're really excited about exploring this opportunity during the three-year contract and see if it goes well," he said. "I think it will set a model for other cities. It's good to know that we're in a position to provide a higher level of service for our residents, and that's what's driving this change."

Another Championship for RSL?

By Stacy G. Anderson

Although ReAL Salt Lake lost the Gold Cup and Supporter's Shield by narrow margins, it's still in the hunt for the MSL Cup.

The team beat the LA Galaxy on aggregate 2-1 (which is a fancy way of saying the total score of two games), moving on to meet up with the Portland Timbers, who came out on top in the Western Region after beating out RSL by one point in the regular season.

They upset the Timbers in the first game, beating them, 4-1, until the last minute when Portland slipped in one final goal and finished 4-2. RSL, however, clinched its chance at a 2nd MLS Cup with a 1-0 win over the Timbers on Nov. 24, moving it to the Championship bout on Saturday, Dec. 7 at 2p.m. (MST) against Sporting KC (Kansas City), the winners of the Eastern Division.

Music to my ears: Local orchestra looking for musicians

► It's not hard to find talented people in the Cottonwood Heights community.

In fact if you're at Butler Middle School on Thursday evenings, you'll hear a whole group of them. The newly formed Cottonwood Heights Orchestra practices there every week, from 7 to 9 p.m., under the direction of Conductor Shaun Davis.

The orchestra, currently in its first year, provides an opportunity for musicians, both old and young, to play in a group and share their talents. It also provides a resource for the arts council to help spread music in the city.

"The last two summer productions had a live orchestra and it can be a challenge to assemble that," Davis said. "Now we will have a pre-formed group of musicians that we can call on to help with productions; and who can play together all year."

Since the orchestra formed in October,

there are about 20 members that come regularly to rehearsals. Davis said the goal is to raise the numbers to at least 35 musicians, with the ultimate number being between 50 to 90 musicians.

"We hope to have the amount of musicians we need so that we can start to arrange a concert," Davis said. "It's nearly impossible to perform without at least that many members."

Joining is easy and Davis said there are no audition requirements. Even non-residents are invited to participate.

Davis graduated from Ashland University in music education and has helped start several similar orchestras in Utah over the last six years

"The first 12 weeks of a new orchestra



Cottonwood Heights Orchestra Conductor Shaun Davis directs the orchestra during a rehearsal at Butler Middle School. **TONYA PETERSON | The Wasatch View**

are the hardest," he said. "We're a little more than half way and I feel confident we'll reach our goals."

Since this is a community orchestra, Davis said he tries to choose pieces that will appeal to any skill level. The easier pieces are designed to build the musicians' confidence and the harder pieces help build their skill. While there are openings on all instruments, Davis is especially looking for string players.

"This is a great way for people to get back into music and to improve their skills," he said. "It's also a big win for the city because it provides a year-round arts program, which is something we don't have now."

For more information about the Cottonwood Heights Orchestra, email Davis at CH-Orchestra@gmail.com.

Correction:

In the October edition of The Wasatch View, in the article "New internet scam making the rounds in Utah," we referred to a computer tech company as Simple Solutions. The company's correct name is **Simple Systems**. We apologize for our error.

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The *Boutique* bulletin is for the busy woman, looking for quick tips and small nuggets of useful information. Have a tip you'd like to share? Email feedback@wasatchjournals.com.
Next month's topic: **Personal Wellness**

The holidays are nigh and it's time to let your friends and family know how much you care. Here are some ideas for **EASY, DO-IT-YOURSELF GIFTS** to show the people in your life know you're thinking about them this Christmas.

GIFT RECIPE

Sand Art Brownies

Round up some quart jars (wide-mouth are easiest) then clean and dry them. Layer the following ingredients, softly tapping down between layers:

2/3 tsp. salt (scant 3/4 tsp.)

1/2 c. plus 1/8 c. flour

1/3 c. cocoa

1/2 c. flour

2/3 c. brown sugar

2/3 c. sugar

1/2 c. milk chocolate chips

1/2 c. vanilla flavored chips

Approx. 1/2 c. chopped walnuts – or enough to fill jar (optional)

Cover jar with lid or plastic to keep fresh. Decorate & tie on a card with personalized version of this note:

A sweet treat for a sweet friend.

To make these scrumptious brownies, Combine contents of jar with:

1 tsp. vanilla extract

2/3 c. vegetable oil

3 eggs

Pour into greased pan and bake at 350°

7"x11" pan: 32-37 min.

9"x9" pan: 27-32 min.



NEIGHBORHOOD SERVICE

Skip the neighbor gifts this year and do some good while you're at it. If you have a tight-knit neighborhood, consider organizing a **Sub-for-Santa**. Pick someone to host a get-together where everyone can stop in and drop-off a pre-assigned item, and then stay for some treats and conversation.

GIFT RECIPE

16 Bean Soup

In a big bowl, mix together 16 packages of different dried beans.

Suggested: navy, baby lima, large lima, garbanzo, black-eyed peas, pinto, Great Northern, yellow split peas, black, red kidney,



small white, small red, lentil, green split peas, pearl barley, pink, or whole green peas. Measure at least 1 c. mixed beans into container (baggie or jar). Decorate and tie on a card with the following note:

HOLIDAY GIFT IDEA

Not creative or just too busy for another craft project? Stop by the dollar store and grab some festive rolls of **wrapping paper**. If you want, throw in some tape and scissors. Top it off with a fun note like,



"Hope you're getting wrapped up in the spirit of the season!"

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BEAN thinking of you this Christmas

To make 16 Bean Soup:

1 c. Mixed Soup Beans

1-1/2 qts. Water

1 tsp. salt

1 ham hock

1/2 tsp. chili powder

1/2 c. chopped celery

1/2 c. chopped onion

1 can diced tomatoes

1 Tbsp. lemon juice

Wash and sort beans. Combine first 7 ingredients in a large pot. Boil 2 minutes; cover and remove from heat. Allow to stand 1 hour. Return to heat and bring to a boil. Reduce heat and simmer until tender, adding HOT water as necessary. Remove meat from ham hock. Add meat, tomatoes and lemon juice. Simmer about 30 minutes.



DIGITAL SCRAPBOOKING

Personal and inexpensive: make **digital scrapbook**

pages or calendars for the people in your life. Sites like Scraps N' Pieces have hundreds of themes and templates to choose from for only a few dollars. Visit www.scraps-n-pieces.com.

HOLIDAY RECIPE

Cranberry Orange Bread with White Chocolate

Ingredients:

2 cups flour

1 cup sugar

3/4 tsp baking soda

3/4 tsp baking powder

1/2 tsp salt

3/4 cup orange juice (fresh squeezed)

1 tbsp orange zest

2 tbsp canola oil

1 large egg

1 1/2 cups fresh cranberries

1 cup white chocolate chips

Directions:

Preheat oven to 375 degrees and lightly grease a 9 x 5-inch loaf pan. Whisk together flour, sugar, baking powder, baking soda and salt in a large mixing bowl. Add orange juice, orange zest, oil and egg and mix until just combined. Stir in cranberries and white chocolate chips.

Spread evenly in loaf pan. Bake for 40-50 minutes or until a toothpick inserted in center comes out clean. Cool on a rack for 15 minutes. Remove from pan and cool completely before slicing. Makes one 9 x 5-inch loaf.

CLEVER GIFT IDEAS

Some of the punniest ideas we found:

- "We WASH you a Merry Christmas," given with festive **handsoap**.

- "You're getting MUFFIN for Christmas," given with **muffin tin**.



- "There's nothing GRATER than our love for you," given with a **cheese grater**.

- "FLEECE Navidad" given with a **fleece blanket**.

- "We TISSUE a Merry Christmas," given with **tissues and hand sanitizer**.

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THE STORY BEHIND THE RECIPE

I love pie in pretty much any flavor and since I wanted to do this story in a southern-beachy kind of place, Key Lime Pie was the obvious choice for the title recipe. My sister, Jenifer Johnson, supplied me with the recipe adaptation from a key lime bar that she makes and I loved. The story itself was first sparked from a documentary I watched about people who had sustained relatively insignificant head traumas that resulted in drastic changes to their personalities. I pondered on that idea and added a love triangle and some Cuban trade embargo stuff and lots of fabulous recipes and **Voila! The story for Key Lime Pie came to life.**

— Josi Kilpack

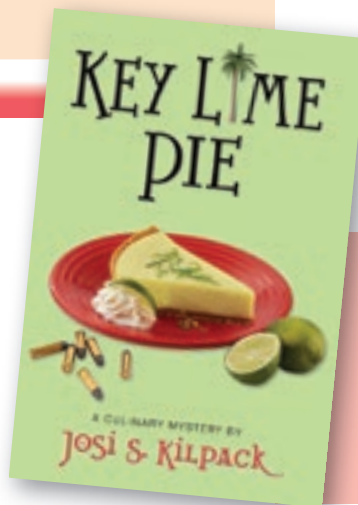
Josi S. Kilpack is a novelist, freelance writer, and editor. She is a Whitney Award winner and recipient of the 2012 Best of State award in fiction. www.josiskilpack.com

FROM THE BOOK: "Key Lime Pie", Page 341

"Gayle said you never got a decent piece of key lime pie," Pete said, interrupting Sadie's thoughts by nudging a grocery bag near his feet that seemed to be holding a bakery box of some kind.

"I guess I'd forgotten about that," Sadie said. The last two days were a blur.

"Well, Gayle made one for you and insisted I bring it with me. She thought we might like to have a slice while we . . . talk."



JOSI'S KILLER RECIPES

Bestselling mystery writer, Josi Kilpack shares her favorite recipes with *The Wasatch View*

Key Lime Pie

Ingredients:

- 4 ounces cream cheese, softened to room temperature
- 1 tablespoon grated lime zest
- ½ teaspoon salt
- 1 can sweetened condensed milk
- 1 egg yolk
- ½ cup fresh lime juice (about 4 limes; if using key limes, use about 1/3 cup of juice, add more to taste.)
- Whipped cream (for garnish)
- Sliced limes (for garnish)

Sadie's Favorite Crumb-Crust

- 1 ½ cup animal cracker crumbs (not the frosted kind)
- 3 tablespoons brown sugar
- 6 tablespoons butter, melted

Preheat oven to 325 degrees. Mix ingredients together and press into a 9-inch pie tin. Bake 18-20 minutes, or until golden brown.

Preheat oven to 325 degrees. Using electric beaters, mix cream cheese, zest, and salt until creamy. Add sweetened condensed milk and mix until incorporated. Add egg yolk, mix until combined. Add lime juice and stir until well blended. Mixture will thicken slightly. Pour in your choice of prepared crust (pastry, crumb, sugar cookie) and bake until set, about 20-30 minutes. Cool to room temperature. Cover and refrigerate for at least 2 hours before serving. Garnish with whipped cream and sliced limes. Serves 8.

Win

a signed copy of *Key Lime Pie!*

Congratulations to **Nancy Lambert**, who won a signed copy of "Devil's Food Cake"! Enter to win a copy of "Key Lime Pie": Email feedback@wasatchjournals.com with the subject line "book giveaway." The winner will be announced Dec. 27.

HOMEMADE GIFT IDEA

Plastic Sack Organizer

Everyone needs a place to keep those pesky plastic grocery bags.

You will need: a decorative kitchen hand towel, 1/4 inch elastic, and a 10 inch piece of satin ribbon. You will also need thread and a sewing machine.

Measure one short end of your kitchen towel and cut a piece of elastic the same length. Then, cut the elastic in half so you have two equal pieces. Pin or tack the elastic to the towel on each end of the elastic. If you have a towel with hemmed edges, you can thread the elastic through the hem, or you can sew the elastic to the wrong side of the towel using a zig-zag stitch about 1 inch from the short edge. Use a piece of elastic to gather each end of the towel.

Fold your towel in half lengthwise with right sides together and sew the towel together using a straight stitch and a 1/2 inch seam allowance. Turn your towel right side out. Make a hanging loop for your holder with the ribbon by sewing it to one end of the towel.



CLEANING TIP

Company coming? **Cleaning the house** doesn't have to take over your life. This checklist divides those major chores into easy-to-handle, bite-sized tasks.

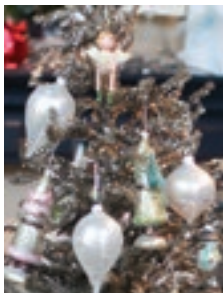


cleaning tips



GIFT IDEA

Blue Bird Style & Design has a number of unique items that would make fun and inexpensive neighbor gifts, including ornaments, bags of candy and other small trinkets.



DIY SAFETY TIP Electrical Plug Safety Covers

Decorate a flat piece of wood and hot-glue it to the plastic safety cover for a decorative way to keep those little fingers safe!



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Wild Aware

continued from page 5

Animals will often feed at the side of the road or cross to get to a water source. Be wild aware by watching for animals along the roadside, especially at dawn and dusk. Remember, with the daylight savings time change, dusk comes earlier now.

With the winter migration also comes the breeding season, called "rut" for elk, moose and mule deer. They begin traveling in larger herds, and males can be more aggressive this time of year. Moose are particularly aggressive towards pet dogs of all sizes so it's best to keep dogs leashed while recreating. Even though spotting a moose or deer is exciting, remember to always observe wildlife from a safe distance. It's not safe to try to touch wildlife or crowd around to get a better look or cool photo. Doing so could make the animal stressed and unpredictable. Always give wildlife a lot of space and a clear escape route.

The best way to avoid conflicts with wildlife is to prevent issues from developing in the first place. Enjoy Utah's amazing wildlife safely.



See ad on page 20

385.202.3292



Community Calendar

December 2013

Have a community event coming up? Want it added to our calendar? Email feedback@wasatchjournals.com, subject line "Calendar."










Families invited

Adults

Seniors

Teen Event

Youth Event

- Dec. 2  Holladay City tree lighting at city plaza: 4660 South 2300 East. 7 p.m. Family
- Dec. 3 Birthday Tuesday at Mount Olympus Senior Center, 1635 East Murray Holladay Rd. Enjoy a delicious lunch and a cupcake and celebrate the December birthdays. 11:45 a.m. Seniors
- Dec. 3-5, 18, 19, 23, 24, 26, 30  Holladay Film Fest begins with "The Muppets Christmas Carol," at Holladay Library, 2150 East Murray-Holladay Rd. Other showings include "White Christmas," "While You Were Sleeping," and "A Flintstones Christmas." 6 p.m. Family
- Dec. 4-7  Festival of Trees at South Towne Expo Center, 9575 South State St. \$5 for adults, \$3 for children (2-11). 10 a.m. to 10 p.m. Family
- Dec. 5-7; 9-10  Olympus High School presents "A Christmas Carol." \$8 for admission. 7 p.m. Family
- Dec. 5 Do you occasionally have issues or concerns with your family or friends that you don't know how to handle? Learn healthy tools to help in difficult situations at Mount Olympus Senior Center, 1635 East Murray Holladay Rd. 9:30 a.m. Seniors
- Dec. 5  Teen Anime Club Holiday Party at Whitmore Library, 2197 East Ft. Union Boulevard. 4 to 5:30 p.m. Teens
- Dec. 6  "O Come All Ye Faithful" tree lighting celebration at Prophet Elias Greek Orthodox Church, 5335 South Highland Drive. Includes caroling and food. Everyone welcome. 6:30 p.m. Family
- Dec. 6  Olympus Junior High's Choir will be performing at Mount Olympus Senior Center, 1635 East Murray Holladay Rd. 11:20 a.m. Seniors
- Dec. 6  Holiday puppet show at Holladay Library, 2150 East Murray-Holladay Rd. Santa's toybag has a hole in it. Watch as Santa's workers try to fix it. 11:15 a.m. Youth
- Dec. 6  Elf the Musical at Pioneer Theatre Company, 300 South 1400 East. 7 p.m. Family

- Dec. 7 Fire Station open house: 2210 East Murray Holladay Rd. Noon to 4 p.m. Family
- Dec. 7  Winter Music-Fest at Butler Middle School, 7530 South 2700 East. All day Family
- Dec. 9-11  Cottonwood High presents an instrumental and choral Christmas Concert. 7 p.m. Family
- Dec. 10  Town Hall Meeting at Skyline High School in the library. 7 p.m. Adult
- Dec. 10  Skyline High School Holiday Bands Concert. 7 p.m. Family
- Dec. 10  Visit with The Wasatch View Managing Editor Crystal Liechty and talk about what issues you'd like to see covered in the paper. Mount Olympus Senior Center, 1635 East Murray Holladay Rd. 11:30 a.m. Seniors
- Dec. 11 Professional for Seniors annual networking event at The Wellington, 1245 East Murray Holladay Rd. Bring canned food for Utah Food Bank or new toy for Primary Children's Hospital. RSVP: 801-281-3477 11:30 a.m. to 1 p.m. Seniors
- Dec. 11  Community Council meeting at Brighton High School. 3:15 to 4:15 p.m. Adults
- Dec. 11-14  Dicken's Christmas Festival at South Towne Expo Center, 9575 South State St. \$7 for adults, \$6 for seniors, \$5 for children (4-12). 10 a.m. to 9 p.m. Family
- Dec. 12-14  The Forgotten Carols at the Cottonwood High auditorium. 7 p.m. Adult
- Dec. 12-14, 16-19  Skyline High School's Hall of Trees displayed in East Glass Hallway Track. School hours Family
- Dec. 13  Bartholomew Richards performs Christmas songs at Mount Olympus Senior Center, 1635 East Murray Holladay Rd. 11:30 a.m. Seniors
- Dec. 13  Duct Tape holiday craft at Whitmore Library, 2197 East Ft. Union Boulevard. 4 to 5:30 p.m. Teens

- Dec. 14  Breakfast with Santa at Prophet Elias Greek Orthodox Church, 5335 South Highland Drive. Includes breakfast, photo, crafts, music, stories and a piñata. Breakfast and photo are \$8. 9 a.m. to 1 p.m. Family
- Dec. 14  Refugee Book Club will discuss "Running the Rift" by Naomi Benaron at Whitmore Library, 2197 East Ft. Union Boulevard. 10 a.m. to noon Adult
- Dec. 17  Zumba Kids – Holiday Style at Whitmore Library, 2197 East Ft. Union Boulevard. Geared to those ages 6 and up but everyone is welcome. 4:30 to 5 p.m. Youth
- Dec. 18  Olympus High School's Holiday Concert. In the auditorium. 7 p.m. Family
- Dec. 20  Come enjoy the Christmas season through the poetry reading of Dave Jabusch. Dave will read such classics as "The Night Before Christmas" and "The Cremation of Sam McGee" at Mount Olympus Senior Center, 1635 East Murray Holladay Rd. 10:30 a.m. Seniors
- Dec. 20  Anything Can Happen: The Nutcracker at Holladay Library, 2150 East Murray-Holladay Rd. Step into the story by conquering the Mouse King, traveling with snowflakes and dancing with the Sugar Plum Fairy. 11 a.m. Youth
- Dec. 25 **MERRY CHRISTMAS!**
- Dec. 26-29  Marvel Movie Marathon at Holladay Library, 2150 East Murray-Holladay Rd. Movies include Amazing Spider Man, Iron Man, Thor and Incredible Hulk. 12:45 p.m. to 8:45 p.m. Teen
- Dec. 27  Partyin' New Year at Whitmore Library, 2197 East Ft. Union Boulevard. Crafts, games and activities. 4 to 5:30 p.m. Teen
- Dec. 31  New Year's Ever party at Mount Olympus Senior Center, 1635 East Murray Holladay Rd. Kara Lyn Roundy will be performing and Turkey Pot Roast will be served. 11:30 a.m. Seniors
- Dec. 31  Countdown to the New Year at Whitmore Library, 2197 East Ft. Union Boulevard. 11:30 a.m. to noon Youth
- Jan. 1 **HAPPY NEW YEAR!**



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Library activities give children and adults opportunities for fun

► As the weather turns cold and the craziness that comes with the holidays descends upon us, it can be easy to forget to enjoy the season.

Holladay and Whitmore Libraries have lots of fun, free activities planned for all ages during the month of December.

Whitmore Library is starting the month off with a teen anime club holiday party on Thursday, Dec. 5, from 4 to 5:30 p.m. The event is for teens, ages 12-19, that are fans of Japanese anime. Teens are encouraged to bring a white elephant gift and their favorite Japanese treat to share.

Need a little inspiration for what to get

By Brenda Fisher

your friends this year? Whitmore Library will give children the chance to get creative with a duct tape craft night on Friday, Dec. 13, from 4 to 5:30 p.m.

The New Neighbors: Refugee Book Club will be meeting on Saturday, Dec. 14, from 10 a.m. to noon, to discussing "Running the Rift" by Naomi Benaron. This novel is about the life of a Tutsi runner from Rwanda, who lived during the horrific Rwandan genocide, who defies the odds. It's the winner of the 2010 Bellweather Prize in literature.

Holladay Library has a full calendar filled with fun events that will help you get into the holiday spirit. The Holladay Holiday



There's more to do at the **local library** than just sit and read this December.

Film Fest starts on Tuesday, Dec. 3 at 6 p.m., with "The Muppets Christmas Carol." This annual tradition continues throughout the month with other movies, including "White Christmas," "While You Were Sleeping," and "A Flintstones Christmas."

Are you a hobbit master? All are invited to test their knowledge of "The Hobbit" during the week of Dec. 16-21. Each day is a different task and a new opportunity to win priz-

es and have some hobbit-sized fun.

For all those comic book fans, the Holladay Library is celebrating Stan Lee's birthday on Dec. 27 and 28 with a Marvel Comics movie marathon. Each day features three comic book movies, including "Captain America," "Iron Man 2," "Iron Man 3," and "Thor." These are just a few of the events scheduled at your local library. See our events calendar for more.

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your situation, and make the best profit possible.

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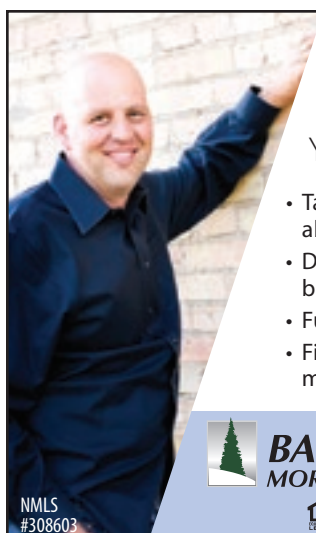


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