

gluten free dairy free egg free soy free nut free top 8 allergen free



52 Allergy Friendly Cookies for Kids



52 ALLERGY Friendly COOKIES for KIDS



TIFFANY ROGERS

ALLERGYcookie

By Tiffany Rogers

ALLERGYcookie
Top 8 free. Fun for kids. Easy for moms.



Tiffany is the mother of a child with multiple severe food allergies, wife of a husband with food allergy sensitivities, and manages a few allergies of her own. As Founder of Allergy Cookie, her goal is to provide you with information to simplify living with multiple food allergies and celebrate life in the process. Tiffany has served as a local Chair for the FARE Walk For Food Allergy, Community Events Director and General Board Member for the Utah Food Allergy Network, and Support Group Leader for the No Nuts Moms Group of Utah. In addition to blogging and publishing books about living with food allergies, Tiffany shares an empowering message as a public speaker at food allergy related conferences supporting the newly diagnosed and others facing discouragement in the kitchen.

Want your kids to learn to make their own allergy safe food so you're not still cooking for them when they're 30? Start with something fun and exciting like making cookies! 52 Allergy Friendly Cookies for Kids empowers and encourages kids to get involved in the kitchen, unlock creativity, and learn the science behind substituting ingredients. With a total of 52 top 8 free cookie ideas, there's something new for your kids to mix up in the kitchen every week of the year.

Layout Design by Lynne Burns



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